

End 68 Hours of Hunger

# 2023-2024 IMPACT REPORT

A Year of Achievements



# ABOUT OUR ORGANIZATION

End 68 Hours of Hunger is a public not-for-profit, 501(c)(3) organization. We address the approximately 68 hours of hunger that some school children experience between the free lunch they receive in school Friday and the free breakfast they receive in school Monday.



## End 68 Hours of Hunger

This program puts nourishing food in the hands of school children to carry them through the weekend. Each bag of food costs \$10 (plus donated food) each week and provides two breakfasts, two lunches, and three dinners for a child.

Our impact is huge! The behaviors of food-insecure children disappear, and children arrive in school on Monday ready to learn, and sometimes disruptive behaviors of Friday due to food insecurity vanish.

# A WORD FROM OUR DIRECTOR

Through our dedicated efforts at End 68 Hours of Hunger, we are committed to eradicating food insecurity among children in our community. Through our local weekend food bag programs and partnerships with sponsors, we have ensured that thousands of children have access to meals over the weekends.

By addressing this critical need, we are not only nourishing their bodies but also supporting their overall health, educational attainment, and emotional well-being. Our impact goes beyond filling empty stomachs; it empowers children to reach their full potential. Together, we are building a future where every child has the food security they need to thrive and succeed.

We are eternally grateful to both our dedicated volunteers and our generous sponsors. We would not be able to support so many children without your support!

**Kate Roman**  
Executive Director



# OUR VISION

Our vision is to  
**end childhood hunger** in  
America-one school at a time.



# OUR MISSION

Our mission is to confront the approximately **68 hours of hunger** that some **school children** experience between the free lunch they receive in school on Friday and the free breakfast they receive in school on Monday by putting **bags of food** in the hands of these children so that they have food **for the weekend**.



# CHILD HUNGER & FOOD INSECURITY



**1 in 5** children  
nationwide  
are food insecure  
Source: USDA, 2022

## Effects of Child Hunger

Difficulty processing and retaining information

Lower math & reading scores

Social Isolation

Impulsivity

Developmental Delays

Excessive Absences

Repetition of a Grade

Lower scores on standardized tests

Failure to complete homework

Anxiety

Behavioral Problems

Chronic Illness

Struggle to concentrate

Fatigue

# LOCAL PROGRAMS

- **New Hampshire**

- Alton
- Barnstead/Pittsfield
- Barrington
- Chichester,Epsom, Northwood, Nottingham,Strafford (SAU 44)
- Conval (SAU 1)
- Conway
- Derry
- Dover
- Epping
- Exeter
- Farmington
- Hampton
- Hillsboro (SAU 34)
- Hinsdale
- Hollis/Brookline
- Langdon (SAU 60)
- Londonderry
- Milford
- Milton
- Monadnock
- Nashua
- Newmarket
- Oyster River
- Pelham
- Portsmouth
- Raymond/Fremont
- Rochester
- Rollinsford
- Salem
- Sanborn District
- Somersworth
- Southside Manchester
- Wolfeboro

- **California**

- Vacaville/Fairfield

- **Florida**

- Mid-Pinellas
- Tampa

- **Illinois**

- La Grange

- **Maine**

- Kittery
- Sacopee Valley
- York

- **Massachusetts**

- Dracut

- **North Carolina**

- Triangle

- **Ohio**

- Lake County

# WE RUN ON VOLUNTEERS



We are volunteer-based and **95% of funds** go directly to feeding at-risk children unless otherwise designated by the donor. We provided nearly **1.5 million** meals to children during 2023-2024!!

End 68 Hours of Hunger has **45 programs** run by Program Coordinators, team leaders, shoppers, packers, community liaisons, fundraisers, & delivery people. We have put in **20,000** hours of work this past year.

# 4800+ KIDS FED EVERY WEEKEND

# SUMMARY OF SUPPORT

CHILDREN FED  
EVERY WEEKEND

4,793



MEALS PROVIDED  
EVERY WEEKEND

33,600

TOTAL MEALS PROVIDED  
DURING THE SCHOOL YEAR

1,478,400



IN-KIND FOOD  
DONATIONS

\$241,135

SCHOOLS SERVED

305



TOTAL PROGRAMS

45

VOLUNTEER HOURS

20,000



VOLUNTEERS


1000+

STATES WE SERVE

8



# IMPACT STATEMENTS



“My son’s weekend food bag has saved us many times when funds and food were low. Tonight we’re having pasta and canned chicken with green beans. It all came from his weekend food bag and is simple and quick to put together.”

-Anonymous Parent in Lake County, OH

““

“I got a chance to witness firsthand a student picking up their first bag at the High School, and I was overwhelmed and humbled. 'This is all for me? Do I get to take this home?!' The student clutched the bag of food to their chest like it was the best thing anyone had ever given them. Eyes shining, still clutching the bag, effusive thanks, off they go. What a difference in that life that gift of food and the promise of more made. I'm not often at a loss for words, but this one just did me in. Love is a verb and it was a privilege to witness it being delivered.”

-School Employee Kittery, ME

””

# IMPACT STATEMENTS

“Over the last four years, End 68 has assisted over 50 families [in our area] with supplemental food. As the school social worker, I get to see the students’ faces each week when they get a very special delivery of groceries and snacks that can sustain them over weekends and long breaks from school. I can always count on the volunteers to deliver the bags to my school labeled and organized for each family's specific needs. They are also mindful of allergies, family size, and accessibility to a stove and microwave. I think one of my students says it best, "Thank you so much for the food bags, I feel so much better." It's true - for our student to be ready and prepared to learn, they need to be full and not worried about their next meal.”

-School Social Worker

“Thank you very much for the assistance that this program provided my children. Although we didn't need it for long, it helped to get us through until our situation improved. “

-Anonymous Parent

“I am the parent of a 4th-grade student. We have been receiving the bag of goodies weekly. We enjoy the tasty items that allow my daughter and I to share in creating healthy meals together. With grocery prices on the rise, there are times when the food purchased for the month doesn't last the entire month. End 68 Hours allows me to prevent hunger for my children. We are truly grateful for the help that your program provides to our family. Keep up the good work of helping families.”

-Anonymous Parent



What Children Say...

Dear Food Bag friends

We all appreciated all the food that you gave us! Also that you are so nice to spend your money on food for us. We all loved the mac and cheese, peanut butter jelly, and saltine crackers. And we all loved the great snacks.

Dear Food Bag Friends,


Thank you for the food. I really enjoyed the food. I enjoyed the cereal, the saltine crackers, and the gummies. I appreciate everything you are doing for us! My whole family loves the food. My mom makes the best food every day, thanks to you! ♡

Dear food bag friends thank you  
 for the food because sometimes  
 my family does not have a lot  
 of food and every Thursday  
 you help us, thank you

Love

♡ food!

# IMPACT STATEMENTS



“I would like to thank End 68 Hours of Hunger for the help in providing food for my family every week. As a single mom who works two jobs and is attending college, the struggle between choosing food over bills is overwhelming and stressful. The donations are especially appreciated. You have given me peace of mind knowing my family is being cared for.”

-Anonymous Parent in Tampa, FL

“As I’m helping a student place completed work in a backpack, so it can be proudly hung on the refrigerator, this sweet student happily shares, ‘Can you put it behind my food?’ Of course, I reply. “The student then shares, ‘that bag has my favorite mac and cheese, and granola bars! I can’t wait to have it!’ A smile crosses my face. The very home filled with the school work of a young learner is also filled by community support, support that helps this sweet child learn and grow. One simple End 68 bag helps nourish this little learner, and students across our district. My smile is still on my face as this child heads home with a backpack full of community.”

-Teacher at Conval, NH

# What Children Say...



Dear food Bag friends,  
Thank you for giving  
me and my family food  
Bags. The things I like  
in the food bag is  
rice crispies, peanut  
butter crackers.

Sincerely,  
Kinsley



Thank you  
the food donations,  
you are making  
a DIFFERENCE!  
Matthew 11.



# BOARD OF DIRECTORS

**Keith Launchbury**, President

**Monte Bohanan**, Vice President

**Jill McFarland**, Treasurer

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**Mark Kelly**

**Erika Alison Cohen**







# THANK YOU!

THANK YOU to our generous donors and dedicated volunteers. You make a difference! End 68 Hours of Hunger was able to provide kids with **210,000+ hunger-free weekends** this past fiscal year!

# Charter Sponsors





# Major Sponsors

100 Women  
Who Care



Legacy Congregation  
of Bel-Mar  
Presbyterian Church

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Foundation

**Ruettgers  
Family**

# CONTACT INFORMATION



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